

## Amicar (Aminocaproic Acid) Mouth Rinse Instructions

Helps stabilize blood clots and reduce oral bleeding after surgery or if bleeding restarts.

### Purpose

Amicar helps stabilize blood clots and reduce post-operative or spontaneous oral bleeding. It is commonly used after dental extractions or procedures in patients with heavier bleeding or on blood thinners.

### How to use

Measure 10 mL (about 2 teaspoons). Hold it directly over the bleeding site. Do not swish vigorously - let it soak for 2 minutes, then spit out. Do not swallow unless directed.

### Before your procedure (if prescribed)

In some cases, this is prescribed before surgery. If so, swish gently for 2 minutes about 20 minutes prior to your procedure and bring the bottle with you to the office.

### How often

Use every 6 hours as needed for bleeding control. During active bleeding, your surgeon may allow use every 2-3 hours initially. Continue for 1-2 days or until bleeding is well controlled.

### If bleeding is heavier

Soak a folded piece of sterile gauze in 10 mL Amicar, place it over the bleeding area, and bite with firm, steady pressure for 20 minutes. Repeat once if needed.

### Precautions

Do not swish forcefully. Avoid straws, smoking/vaping, or forceful spitting for 24 hours. Do not mix Amicar with peroxide or other mouthwashes. Continue all prescribed blood thinners unless your surgeon instructs otherwise.

### When to call

Call if bleeding continues beyond 30-45 minutes of steady pressure plus Amicar use; if you are soaking gauze every 5-10 minutes; or if you feel dizzy/light-headed or are swallowing significant blood.

If you have questions or concerns, contact our office.

*General education only. Your care plan may differ based on your anatomy and procedure*